The Art of People Watching

Find a public place. It need not be busy. Too many people can be a distraction. A good pub, a park bench, a supermarket café.

Remember, you are watching people, not a particular person. You are not a stalker. Try not to look like one.

Be discreet. Discreet is not disguised. Do not wear a false moustache. Do not cut eye holes in a newspaper.

Remember, you are here to watch, not to interfere. Do not join in the conversation.

Pretend to read a book and no one will suspect you. Turn the page occasionally. A funny book is best, to cover involuntary laughter.

Remember, while you are watching people, people are watching you.